



VALCO INDUSTRIES, INC.
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PRESSing NEWS

Valco News—March 2013

HOW TO GET THE BEST PRICES ON PRESCRIPTION DRUGS



You could pay \$197 for a month's supply of atorvastatin, the generic version of the popular cholesterol drug Lipitor. Or you could pay 8 bucks. That's why *Consumer Reports* magazine is issuing two words of advice to anyone who buys prescription medication: **Shop around.** The magazine's secret shoppers called more than 200 pharmacies across the country this winter to find the lowest prices on generic versions of five commonly used drugs:

- From \$37 to \$393 for 30 mg of generic Actos (pioglitazone) (for diabetes)
- From \$6 to \$190 for 20 mg of generic Lexapro (escitalopram) (for depression)
- From \$5 to \$222 for 75 mg of generic Plavix (clopidogrel) (blood thinner)
- From \$10 to \$193 for 10 mg of generic Singulair (montelukast) (for asma)

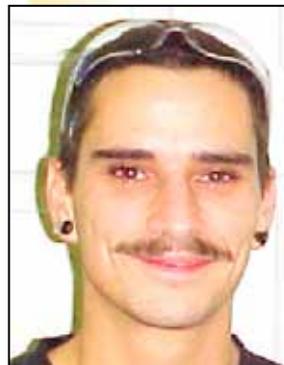
The secret shoppers called the online pharmacies *FamilyMeds.com* and *Healthwarehouse.com* along with Costco, Sam's Club, Kmart, Target, Walmart, CVS, Rite Aid and Walgreens. They also contacted all the independent drug and grocery stores in six metropolitan areas in the United States. Overall, Costco offered the best prices. And *Consumer Reports* lets you in on a secret: You don't have to be a member to fill prescriptions there. All you have to do is tell the employee who asks for your membership card at the door that you want to fill a prescription, says Mike Gibson, manager of the Mayfield Heights Costco. But remember, you can't shop for other items if you're not a member. And you must pay for prescriptions with cash, a debit card

Prescription Drug Prices—Cont. on Page 2

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IN THE VALCO SPOTLIGHT: Abe Breslin

Our Associate of the month shines on **Abe Breslin** who has been part of the Valco Team since January 23 of this year. Abe works in our machining department on first shift. He was born and raised in Springfield and graduated from both Springfield High School as well as our CTC/JVs in 2001. Abe graduated from CTC with a two year degree in their Tech Prep Engineering Program.



His first job while still attending high school, was working at Perkins and then after graduating he took a job with Steak and Shake on third shift. He then was employed at Stewart Manufacturing as a welder. Due to a slowing in business, he was laid off after working there for three years.

He then was hired at Bayliss Lawn Care for a couple of years until joining the Valco Team. Abe is married to Heather and is the proud father of three children,

Christopher, age 9, Abe Jr. age 7, and Destine, age 5. Looks like good family planning.

During his free time, when not spending time with family, he likes to spend time camping and fishing. He also enjoys playing in a summer softball league. Abe says he has really enjoyed his time at Valco and has found everyone to be very friendly and easy to get along with. He also commented

that people have been very helpful, which is great when starting a new job like he recently has.

We are glad to have Abe with us and happy that he has been able to put to use some of the skills and knowledge he acquired while attending CTC in their Tech Prep Engineering program. We are happy to welcome Abe to Valco and look forward to working with him in the months and years ahead. We wish him the best in his new job and career.



INVESTING IN THE FUTURE

Valco continues to upgrade our manufacturing capabilities with our recent purchase of a late model **Amada Press Brake**. The Amada brake press is a down-acting type with over 240 tons of force, and a bending length of 14'. This brake press will become the largest press brake Valco has, as the other press brakes we have are in the 120 ton, 10' range. The higher tonnage and bending length will come in handy in the truck and material handling segments of our business. The tool library can accommodate 100 different tools, and the machine can store and retrieve part programs from the network. The back gage has 8 axes of motion and a traverse speed of 15 inches per second with an acceleration of 3G and a positioning accuracy of .001". The ram, which controls the bend angle, repeats within .0004". We are looking forward to being able to offer faster and more accurate bending for our customers while continuing to upgrade our equipment and expand our capabilities and abilities. We remain excited about being able to continually invest in the future of our associates through numerous continuous improvement programs and ongoing financial investments in equipment, training, and facilities!



PRESCRIPTION DRUG PRICES —Cont. from Page 1

or American Express. Other credit cards and checks won't be accepted. Always ask if this is the best price that your pharmacist can do. Costco isn't the only bargain out there. Discount drug programs offered by chain drug and grocery stores are often a good buy, too and with most of them you don't need to sign up for a prescription savings card. Overall, CVS, Rite Aid and Target charged some of the highest prices. But, they offer conveniences you might not find at other pharmacies: longer hours, automated refills and more locations. Independent pharmacy and grocery store prices varied greatly, and charged some of the lowest -- and highest -- prices. But the independents, are more likely to offer student and senior discounts. Independently owned stores are often willing to match or beat their chain competitors' prices, so it's definitely worth asking. Another piece of advice -- for those who have insurance -- is to ask if the retail price is lower than your co-payment. It turns out, in some cases, that the cash prices of some of these drugs may be less.

More recommendations:

- Leaving the city. Prices are sometimes lower in suburban and rural areas than they are in urban areas.
- Requesting a 90-day refill instead of a 30-day one. Most pharmacies offer discounts on a three-month supply.
- Seeking out additional discounts, such as the \$4 prescriptions offered by some drug and grocery store chains.

But don't jeopardize your safety for the sake of saving a few dollars. Fill all your prescriptions at one pharmacy and you can avoid trouble. If one pharmacist can see all the drugs your taking, he's more likely to spot potentially dangerous interactions. And that's smart medicine.

—Source: Consumer Reports magazine: The Frugal Patient

“Great Quotes”

“Reader, suppose you were an idiot. And suppose you were a member of Congress. But I repeat myself.” —Mark Twain

“Wisdom is the reward you get for a lifetime of listening when you'd have preferred to talk.” —Doug Larson

Reminders

You Are What You Eat Is Coming!

This fun family food and nutrition event is **Tuesday, June 4th. From 4:30-7:30 P. M. at St. John Missionary Baptist Church, Pleasant Street.** Kids Camp will be offered to children ages 6-10. Healthy cooking demonstrations, exhibits, and workshops will be available as well as nutritious food samples and information. For more information contact Tina Neher at The Community Health Foundation (CHF) at 937-523-7007.

Valco 401K Benefit Program

A reminder about the Valco 401K Benefit Program that is open to all full-time Valco Associates who have been employed at Valco for at least one year. This is a great way to save for the future and for your retirement by getting started today. Valco continues to match \$.50 for every dollar you invest up to 6% of your earnings. Your dollars grow tax free until they are needed for retirement. As the future of social security continues to be debated in Washington, this is an easy avenue for you to take better control of those retirement years. For more information contact Jamie Callen who can set you up with Eddie Bell from Consolidated Financial for a private conversation about the program, how to get started, and review with you a variety of investment options that are available to you.



ANNOUNCEMENTS

Happy Birthday to...



Mike Bell..... April 4th
Don Snapp..... April 16th
Teddy Griffith..... April 22nd

We hope you each have a great day on your special day as well as a year of good health, lots of laughs, and much personal and professional success. Enjoy your special time of year.

Years of Service...

Dan Woodruff.... April 12..... 2 Yrs.
Dave Denney..... April 22..... 7 Yrs.
Mike Hughes..... April 30..... 6 Yrs.

Thanks to each of you for all you have done and contributed to Valco's success and growth. Your many contributions are greatly appreciated and we look forward to working with you in the years ahead.

What Am I?

- My name is known to all, but I am mainly of interest to women.
- I was born in Lodz, Poland in 1877 and later immigrated to the U.S.
- I knew how to create a solid foundation.
- I opened a perfume store in St. Louis for the World's Fair in 1904.
- I eventually moved into cosmetics and worked as a consultant for films.
- The Academy gave me a special award in 1928 for my achievements.
- I developed Pan-Cake makeup and my product line became world famous.
- My first name is also the ultimate amount.